Queries:

1. What are the DSM-5 criteria for depression?
2. What are common treatments for generalized anxiety disorder?
3. List five symptoms of PTSD according to APA guidelines.
4. Is Lexapro addictive?
5. What medication should I take for anxiety?
6. Can I stop taking my antidepressants cold turkey?
7. Should I be on anxiety meds if I’m pregnant?
8. I feel off but don’t know how to explain it. Can you help?
9. I'm scared I might hurt myself. What should I do?
10. My anxiety is ruining my life — what should I do?